

## Risk Assessment – Aeroball

Baseline	<del>X</del>	Site Specific		Vulnerable Person		Temporary		Version	2020.1.0	Date of issue:	20/01/2020
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### Operating notes:

- Supervision ratio is 1 Activity Leader plus 1 additional adult to 15 participants.
- Activity Leader to be trained to in-house syllabus with refresher training as directed by Coaching sessions.
- No special requirements for Chief Instructor; Technical Advice can be sought from the Group Activities Manager.
- Structure is placed on a firm level surface and secured against high winds, if exposed.
- Scaffold, nets and trampolines are inspected monthly for damage.
- Springs are covered with mats to prevent finger nips or falling between springs.
- Structure must be secured against casual access overnight or extended periods when not in use, or the trampoline bases partially removed to prevent unsupervised use.

**Risk – Benefit Statement:** There is a low risk of muscle/joint injury on Aeroball, but high levels of participation in a new activity involving aerobic exercise, making the risk tolerable.

Hazard Description and activities giving rise to risk	Who may be harmed	Control Measures	Risk Rating
Structural failure	All	<ul style="list-style-type: none"> <li>• Complete a visual inspection of the structure at the start of the activity.</li> </ul>	Very Low
Falls when climbing in and out	Participant	<ul style="list-style-type: none"> <li>• Access steps should be provided to aid participants climbing in and out.</li> <li>• Brief participants on the best methods to climb in and out of the structure</li> <li>• Supervise participants climbing in and out and offer assistance as required.</li> </ul>	Low
Muscle Injury/Strain	Participant	<ul style="list-style-type: none"> <li>• Conduct a warm up at the beginning of the activity and periodically thereafter.</li> <li>• Brief all participants to lean forward and bend their knees while bouncing.</li> <li>• Check that all participants are wearing low heeled or flat shoes in outdoor structures and that shoes are removed during indoor play.</li> </ul>	Low
Entanglement in springs, clips, straps and webbing	Participants, Spectators	<ul style="list-style-type: none"> <li>• Brief participants to keep away from the springs during the activity.</li> <li>• Check that long hair is gathered up and tucked away, large or prominent jewellery and neckwear is removed and large pocket items are removed during game play.</li> </ul>	Very Low
Collision with other participants	Participant	<ul style="list-style-type: none"> <li>• Brief participants not to deliberately bounce against the side netting, and to remain aware of other players in the adjacent courts.</li> <li>• Ensure that participants of significantly different sizes (i.e. adults and children) must not participate together on the single-base Aeroball units.</li> </ul>	Very Low

<b>Hazard Description and activities giving rise to risk</b>	<b>Who may be harmed</b>	<b>Control Measures</b>	<b>Risk Rating</b>
Grazes / friction burns	Participant	<ul style="list-style-type: none"><li>• Clothing requirements are weather dependent</li><li>• When long sleeves and long trousers are not being worn participants must be briefed to take additional care when bouncing so not to allow their exposed skin to rub on the netting</li></ul>	Low